

Zenix

Seven Star Championship 2026 Time Table

09:30	選手集合 / 受付 / 測定
09:45	選手チェックイン
10:10	選手ミーティング / リハーサル
10:40	開場
11:10	開会式
11:20	WOMEN'S FIT MODEL - True Novice WOMEN'S FIT MODEL - Novice WOMEN'S BIKINI - True Novice WOMEN'S BIKINI - Beginner WOMEN'S BIKINI - Novice
11:36	MEN'S PHYSIQUE - True Novice MEN'S PHYSIQUE - Teenage MEN'S PHYSIQUE - Junior MEN'S PHYSIQUE - Beginner
11:56	協賛企業様ご挨拶 MEN'S PHYSIQUE - Novice A MEN'S PHYSIQUE - Novice B MEN'S PHYSIQUE - Novice C MEN'S PHYSIQUE - Novice D
12:24	小休憩
13:00	WOMEN'S Fit Model- Masters 50+ (50 yr & over) WOMEN'S Fit Model - Masters 40+ (40 yr & over)
13:05	WOMEN'S BIKINI - Masters 50+ (50 yr & over) WOMEN'S BIKINI - Masters 45+ (45 yr & over) WOMEN'S BIKINI - Masters 40+ (40 yr & over)
13:14	MEN'S PHYSIQUE - Masters 60+ (60 yr & over) MEN'S PHYSIQUE - Masters 50+ (50 yr & over) MEN'S PHYSIQUE - Masters 45+ (45 yr & over) MEN'S PHYSIQUE - Masters 40+ (40 yr & over) MEN'S PHYSIQUE - Masters 35+ (35 yr & over)
13:29	MEN'S CLASSIC PHYSIQUE - Novice MEN'S CLASSIC PHYSIQUE - Junior MEN'S CLASSIC PHYSIQUE - Open
13:35	WOMEN'S FIT MODEL - Open WOMEN'S BIKINI - Open
13:55	MEN'S PHYSIQUE - Open Class A MEN'S PHYSIQUE - Open Class B MEN'S PHYSIQUE - Open Class C
14:19	休憩
15:05	表彰
15:50	オーバーオール MEN'S PHYSIQUE - Novice WOMEN'S BIKINI - Masters MEN'S PHYSIQUE - Masters MEN'S PHYSIQUE - Open
16:20	閉会