



Hidetada Yamagishi, Iris Kyle
Japan Classic

TOKYO PRO DAY-1



10:30	選手集合
11:00	開場
11:30	開会式
11:45	WOMEN'S WELLNESS Open Class A WOMEN'S WELLNESS Open Class B
11:51	WOMEN'S FIGURE Novice WOMEN'S FIGURE Open Class A
11:54	WOMEN'S PHYSIQUE Open Class A
11:56	WOMEN'S FIT MODEL Open Class A WOMEN'S FIT MODEL Open Class B WOMEN'S FIT MODEL Open Class C WOMEN'S FIT MODEL Open Class D
12:12	WOMEN'S BIKINI Novice WOMEN'S BIKINI Masters 40+ (40 yr & over) WOMEN'S BIKINI Open Class A WOMEN'S BIKINI Open Class B WOMEN'S BIKINI Open Class C WOMEN'S BIKINI Open Class D
12:35	MEN'S CLASSIC PHYSIQUE Novice MEN'S CLASSIC PHYSIQUE Open Class A MEN'S CLASSIC PHYSIQUE Open Class B MEN'S CLASSIC PHYSIQUE Open Class C
12:57	MEN'S BODYBUILDING Novice MEN'S BODYBUILDING Open Lightweight (up to & incl 80 kg) MEN'S BODYBUILDING Open Heavyweight (over 80 kg)
13:05	MEN'S PHYSIQUE Open Class A MEN'S PHYSIQUE Open Class B MEN'S PHYSIQUE Open Class C MEN'S PHYSIQUE Open Class D
13:30	休憩 / Break
14:00	表彰式 / Award Ceremony
15:00	オーバーオール / Overall
15:30	休憩 / Break
16:15	Tokyo Pro DAY-1 開会式 / Opening ceremony
16:25	Prejudging - Classic Physique
17:00	休憩 / Break
17:30	Individual Routin Poses Comfirmation Round - Classic Physique ポーズダウン / Posedown
18:00	表彰式 / Award Ceremony
18:20	閉幕式 / Closing