2026.10.17
ZeniX
North Iron Spirit
Natural

9:30 選手集合 / 受付 / 測定
9:45 選手チェックイン
10:10 選手ミーティング / リハーサル
10:40 開場
11:10 開会式
11:15 WOMEN'S Fit Model - True Novice
WOMEN'S Fit Model - Beginner
WOMEN'S Fit Model - Novice
WOMEN'S BIKINI - True Novice
WOMEN'S BIKINI - Beginner
11:23 MEN'S PHYSIQUE - True Novice
WOMEN'S BIKINI - Novice
MEN'S PHYSIQUE - Beginner
11:52 WOMEN'S WELLNESS - Novice
MEN'S PHYSIQUE - Local
MEN'S PHYSIQUE - Junior
12:05 協賛企業様ご挨拶
12:10 MEN'S PHYSIQUE - Novice A
MEN'S PHYSIQUE - Novice B
MEN'S PHYSIQUE - Novice C
12:41 休憩
13:15 WOMEN'S BIKINI - Masters 40+
MEN'S PHYSIQUE - Masters 40+
WOMEN'S WELLNESS - Open
13:28 MEN'S CLASSIC PHYSIQUE - True Novice
MEN'S CLASSIC PHYSIQUE - Open
WOMEN'S FIT MODEL - Open
WOMEN'S BIKINI - Open
13:42 MEN'S PHYSIQUE - Open Class A
MEN'S PHYSIQUE - Open Class B
MEN'S PHYSIQUE - Open Class C
14:13 休憩
14:45 表彰
15:20 オーバーオール
MEN'S PHYSIQUE - Novice
MEN'S PHYSIQUE - Open
15:35 閉会・休憩

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