2026.10.24
ZeniX Central West Championship Natural Regional

8:30 選手集合 / 受付 / 測定
8:40 選手チェックイン
9:30 選手ミーティング / リハーサル
9:50 開場
10:10 開会式
10:15 WOMEN'S Fit Model - True Novice
WOMEN'S BIKINI - True Novice
WOMEN'S BIKINI - Beginner
10:21 WOMEN'S BIKINI - Local
MEN'S PHYSIQUE - True Novice A
MEN'S PHYSIQUE - True Novice B
10:54 WOMEN'S Fit Model - Novice
MEN'S PHYSIQUE - Beginner
WOMEN'S BIKINI - Novice
11:21 MEN'S PHYSIQUE - Teenage
MEN'S PHYSIQUE - Local
MEN'S PHYSIQUE - Junior
WOMEN'S WELLNESS - Novice
WOMEN'S PHYSIQUE - Novice
11:37 協賛企業様ご挨拶
11:41 MEN'S PHYSIQUE - Novice A
MEN'S PHYSIQUE - Novice B
MEN'S PHYSIQUE - Novice C
MEN'S PHYSIQUE - Novice D
12:44 休憩
13:15 WOMEN'S Fit Model - Masters 40+
WOMEN'S BIKINI - Masters 40+
MEN'S PHYSIQUE - Masters 40+
13:31 WOMEN'S Figure - Open
MEN'S CLASSIC PHYSIQUE - True Novice
MEN'S CLASSIC PHYSIQUE - Junior
MEN'S CLASSIC PHYSIQUE - Masters 40+
MEN'S CLASSIC PHYSIQUE - Novice
MEN'S CLASSIC PHYSIQUE - Open
MEN'S Bodybuilding - Novice
MEN'S Bodybuilding - Open
14:12 WOMEN'S FIT MODEL - Open
WOMEN'S BIKINI - Open
MEN'S PHYSIQUE - Open Class A
MEN'S PHYSIQUE - Open Class B
MEN'S PHYSIQUE - Open Class C
15:18 休憩
15:50 表彰
16:35 オーバーオール
MEN'S PHYSIQUE - Novice
MEN'S PHYSIQUE - Open
16:50 閉会・ジャッジフィードバック開始

※WOMEN'S PHYSIQUE、MEN'S CLASSIC PHYSIQUE、
および MEN'S Bodybuilding では、
フリーポーズ→比較審査の順に審査がおこなわれます

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NPC WORLDWIDE REGIONAL

JOE WEIDER'S OLYMPIA AMATEUR