2026.11.7 Muscle King Cup

9:30 選手集合 / 受付 / 測定
9:45 選手チェックイン
10:10 選手ミーティング
10:40 開場
11:10 開会式
11:15 WOMEN'S Fit Model - True Novice
WOMEN'S Fit Model - Beginner
WOMEN'S BIKINI - True Novice
WOMEN'S BIKINI - Beginner
WOMEN'S BIKINI - Junior
MEN'S PHYSIQUE - True Novice A
MEN'S PHYSIQUE - True Novice B
11:52 WOMEN'S Fit Model - Novice
MEN'S PHYSIQUE - Teenage
MEN'S PHYSIQUE - Junior
WOMEN'S BIKINI - Novice
MEN'S PHYSIQUE - Beginner
12:20 協賛企業様ご挨拶
12:25 MEN'S PHYSIQUE - Novice A
MEN'S PHYSIQUE - Novice B
MEN'S PHYSIQUE - Novice C
MEN'S CLASSIC PHYSIQUE - True Novice
MEN'S CLASSIC PHYSIQUE - Junior
MEN'S CLASSIC PHYSIQUE - Masters 40+
MEN'S Bodybuilding - Novice
13:29 休憩
14:00 WOMEN'S Fit Model - Masters 40+
WOMEN'S BIKINI - Masters 50+
WOMEN'S BIKINI - Masters 45+
WOMEN'S BIKINI - Masters 35+
MEN'S PHYSIQUE - Masters 50+
MEN'S PHYSIQUE - Masters 45+
MEN'S PHYSIQUE - Masters 40+
MEN'S PHYSIQUE - Masters 35+
14:23 WOMEN'S WELLNESS - Open
MEN'S CLASSIC PHYSIQUE - Novice
MEN'S CLASSIC PHYSIQUE - Open
14:56 WOMEN'S FIT MODEL - Open
WOMEN'S BIKINI - Open Class A
WOMEN'S BIKINI - Open Class B
MEN'S PHYSIQUE - Open Class A
MEN'S PHYSIQUE - Open Class B
MEN'S PHYSIQUE - Open Class C
16:02 休憩
16:35 表彰
17:20 オーバーオール
MEN'S PHYSIQUE - Novice
WOMEN'S BIKINI - Masters
MEN'S PHYSIQUE - Masters
WOMEN'S BIKINI - Open
MEN'S PHYSIQUE - Open
17:50 閉会・ジャッジフィードバック開始

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