IFBB PROFESSIONAL LEAGUE JAPAN , ZeniX

2026.10.4
ZeniX
Fenix Open

9:30　選手集合 / 受付 / 測定
9:45　選手チェックイン
10:10 選手ミーティング / リハーサル
10:40 開場
11:10 開会式
11:15 WOMEN'S Fit Model - True Novice
11:16 WOMEN'S BIKINI - True Novice
WOMEN'S BIKINI - Beginner
11:18 MEN'S PHYSIQUE - True Novice A
MEN'S PHYSIQUE - True Novice B
11:40 WOMEN'S Fit Model - Beginner
WOMEN'S Fit Model - Novice
11:45 MEN'S PHYSIQUE - Beginner
11:55 WOMEN'S BIKINI - Novice
12:01 MEN'S PHYSIQUE - Local
MEN'S PHYSIQUE - Teenage
MEN'S PHYSIQUE - Junior
12:19 MEN'S CLASSIC PHYSIQUE - True Novice
12:21 協賛企業様ご挨拶
12:25 MEN'S PHYSIQUE - Novice A
MEN'S PHYSIQUE - Novice B
MEN'S PHYSIQUE - Novice C
13:04 休憩
13:35 WOMEN'S Fit Model - Masters 40+ (40 yr & over)
13:39 WOMEN'S BIKINI - Masters 45+ (45 yr & over)
WOMEN'S BIKINI - Masters 40+ (40 yr & over)
WOMEN'S BIKINI - Masters 35+ (35 yr & over)
13:43 MEN'S PHYSIQUE - Masters 60+ (60 yr & over)
MEN'S PHYSIQUE - Masters 40+ (40 yr & over)
MEN'S PHYSIQUE - Masters 35+ (35 yr & over)
13:49 WOMEN'S WELLNESS - Open
13:50 MEN'S CLASSIC PHYSIQUE - Novice
MEN'S CLASSIC PHYSIQUE - Open
14:06 WOMEN'S FIT MODEL - Open
14:14 WOMEN'S BIKINI - Open
14:22 MEN'S PHYSIQUE - Open Class A
MEN'S PHYSIQUE - Open Class B
MEN'S PHYSIQUE - Open Class C
14:58 休憩
15:30 表彰
16:10 オーバーオール
MEN'S PHYSIQUE - Novice
WOMEN'S BIKINI - Masters
MEN'S PHYSIQUE- Masters
MEN'S PHYSIQUE - Open
16:40 閉会・ジャッジフィードバック開始
17:25 ジャッジフィードバック終了

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NPC WORLDWIDE REGIONAL

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