2026.10.12
ZeniX Powerhouse Gym Japan Classic

9:30 選手集合 / 受付 / 測定
9:45 選手チェックイン
10:10 選手ミーティング / リハーサル
10:40 開場
11:10 開会式
11:15 WOMEN'S Fit Model - True Novice
WOMEN'S BIKINI - True Novice
WOMEN'S BIKINI - Beginner
11:28 MEN'S PHYSIQUE - True Novice
WOMEN'S Fit Model - Beginner
WOMEN'S Fit Model - Novice
11:53 MEN'S PHYSIQUE - Beginner
WOMEN'S BIKINI - Novice
MEN'S PHYSIQUE - Teenage
MEN'S PHYSIQUE - Junior
12:20 協賛企業様ご挨拶
12:25 MEN'S PHYSIQUE - Novice A
MEN'S PHYSIQUE - Novice B
MEN'S PHYSIQUE - Novice C
13:04 MEN'S CLASSIC PHYSIQUE - True Novice
MEN'S CLASSIC PHYSIQUE - Junior
13:13 休憩
13:45 WOMEN'S Fit Model - Masters 50+
WOMEN'S Fit Model - Masters 40+
WOMEN'S BIKINI - Masters 60+
WOMEN'S BIKINI - Masters 50+
WOMEN'S BIKINI - Masters 45+
WOMEN'S BIKINI - Masters 40+
WOMEN'S BIKINI - Masters 35+
14:14 MEN'S PHYSIQUE - Masters 50+
MEN'S PHYSIQUE - Masters 45+
MEN'S PHYSIQUE - Masters 40+
MEN'S PHYSIQUE - Masters 35+
WOMEN'S WELLNESS - Open
WOMEN'S FIGURE - Open
14:30 MEN'S CLASSIC PHYSIQUE - Novice
MEN'S CLASSIC PHYSIQUE - Open
14:56 MEN'S Bodybuilding - Open
WOMEN'S FIT MODEL - Open Class A
WOMEN'S FIT MODEL - Open Class B
WOMEN'S BIKINI - Open Class A
WOMEN'S BIKINI - Open Class B
15:45 MEN'S PHYSIQUE - Open Class A
MEN'S PHYSIQUE - Open Class B
MEN'S PHYSIQUE - Open Class C
16:24 休憩
17:00 表彰
17:45 オーバーオール
MEN'S PHYSIQUE - Novice
WOMEN'S BIKINI - Masters
MEN'S PHYSIQUE - Masters
WOMEN'S FIT MODEL - Open
WOMEN'S BIKINI - Open
MEN'S PHYSIQUE - Open
18:20 閉会・ジャッジフィードバック開始
19:05 ジャッジフィードバック終了

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JOE WEIDER'S OLYMPIA AMATEUR